# Team Building and Collaboration



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1 day - 7 PDUs

Our 1 day Team Building and Collaboration class is designed for teams and teamwork. Teams are made up of individuals. We tend to treat everyone the same even though everyone is different. In this workshop, teams of individuals will learn about motivation, conflict, their own styles and how to work more productively with others. They will learn about change and the process individuals must transition in accepting change.



Understanding how we are motivated and what motivates others is essential in developing strong teams who depend on each other for delivering successful projects. The Strength Deployment Inventory, which is based on Dr. Elias Porter's twenty years of research, is an essential instrument for helping us understand what motivates us and our fellow teammates.

This same instrument also helps us uncover how we individually perceive and act during high stress and conflict. And as we all know, there will be conflict on project teams. Students will learn how to deal with and resolve conflict so that the problem is solved and each individual's self-worth is preserved.

The second half of this workshop is devoted to understanding change and transition from an individual's perspective. Students learn the stages everyone must go through as the result of a serious change. They will learn to identify the stages and understand how to move successfully to the next stage.

#### TOPICS YOU WILL PRACTICE AND LEARN:

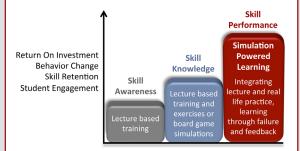
- Your style of motivation
- What motivates you
- What motivates others on your team
- The three value systems
- Your style strengths vs. weaknesses
- The process people go through as a result of a change
- Motivation styles
- The difference between change and transition
- Motivation self assessment
- Working with others
- Change Management
- Change transition process
- Conflict and conflict resolution

### WHO SHOULD ATTEND

This workshop is for anyone who must work together on a team. It is equally valuable for both technical and non-technical team members. For maximum benefit, team members should attend as a team. The learning is immediate, long-lasting and applies directly to your job.

## TURNING KNOWLEDGE INTO PERFORMANCE

Practice makes perfect. Our simulations put participants into a computer generated situation with real-life team members, stakeholders and challenges. Participants make real-life decisions and then see the results of those decisions – good and bad. They go back to work and are able to immediately apply what they have learned!



#### **TESTIMONIAL**

"Content was a great and the guide did a great job in presenting material. The threepart structure was great." – The Nerdery



